



WATFORD GRAMMAR SCHOOL FOR BOYS

# PSHE Curriculum Overview

January 2021

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 7</b>	<b>Relationships</b> <ul style="list-style-type: none"> <li>Starting WBGS &amp; Anxiety</li> <li>Families</li> <li>Relationships</li> <li>Respect &amp; Racism</li> <li>Friendship</li> <li>Bullying</li> </ul>	<b>Relationships</b> <ul style="list-style-type: none"> <li>Starting WBGS &amp; Anxiety</li> <li>Families</li> <li>Relationships</li> <li>Respect &amp; Racism</li> <li>Friendship</li> <li>Bullying</li> </ul>	<b>Digital literacy</b> <ul style="list-style-type: none"> <li>Appropriate online behaviour</li> <li>Online vs real world</li> <li>Internet safety and harms</li> <li>Screen time</li> </ul>	<b>Digital literacy</b> <ul style="list-style-type: none"> <li>Appropriate online behaviour</li> <li>Online vs real world</li> <li>Internet safety and harms</li> <li>Screen time</li> </ul>	<b>Health and Puberty</b> <ul style="list-style-type: none"> <li>Puberty</li> <li>Healthy Routines</li> <li>Homophobia</li> <li>Self-worth</li> <li>How to revise</li> <li>Project on 'A Woman I admire'</li> </ul>	<b>Health and Puberty</b> <ul style="list-style-type: none"> <li>Puberty</li> <li>Healthy Routines</li> <li>Homophobia</li> <li>Self-worth</li> <li>How to revise</li> <li>Project on 'A Woman I admire'</li> </ul>
<b>Year 8</b>	<b>Online Behaviours</b> <ul style="list-style-type: none"> <li>Cyber Bullying</li> <li>Sexting</li> <li>Gaming Addiction</li> </ul>		<b>Healthy Routines</b> <ul style="list-style-type: none"> <li>Physical Health</li> <li>Energy Levels &amp; Fitness</li> <li>Sleep</li> </ul>		<b>Life Skills</b> <ul style="list-style-type: none"> <li>First Aid</li> <li>Carbon Footprint</li> <li>Changing Adolescent Body</li> </ul>	
<b>Year 9</b>	<b>Sexual health</b> <ul style="list-style-type: none"> <li>Sexting and Pornography</li> <li>The law relating to Sex and Relationships</li> <li>Sexual Health</li> <li>Gender &amp; Sexual Identity</li> <li>LGBT</li> </ul>	<b>Sexual health</b> <ul style="list-style-type: none"> <li>Sexting and Pornography</li> <li>The law relating to Sex and Relationships</li> <li>Sexual Health</li> <li>Gender &amp; Sexual Identity</li> <li>LGBT</li> </ul>	<b>Online Safety &amp; Self worth</b> <ul style="list-style-type: none"> <li>Screen Time &amp; Social Media</li> <li>Internet safety</li> <li>Radicalisation</li> <li>Body Image</li> <li>Alcohol and Drugs (Basics)</li> </ul>	<b>Online Safety &amp; Self worth</b> <ul style="list-style-type: none"> <li>Screen Time &amp; Social Media</li> <li>Internet safety</li> <li>Radicalisation</li> <li>Body Image</li> <li>Alcohol and Drugs (Basics)</li> </ul>	<b>Wellbeing &amp; Environment</b> <ul style="list-style-type: none"> <li>Mental Health</li> <li>Five ways to wellbeing</li> <li>Plastics &amp; Environment</li> <li>Environmental impacts of consumer choices</li> <li>Looking after our planet</li> </ul>	<b>Wellbeing &amp; Environment</b> <ul style="list-style-type: none"> <li>Mental Health</li> <li>Five ways to wellbeing</li> <li>Plastics &amp; Environment</li> <li>Environmental impacts of consumer choices</li> <li>Looking after our planet</li> </ul>
<b>Year 10</b>	<b>Exploring Influences</b> <ul style="list-style-type: none"> <li>Energy levels</li> <li>Sleep</li> <li>Drugs</li> <li>Alcohol</li> <li>Tobacco</li> <li>Knife Crime</li> </ul>	<b>Exploring Influences</b> <ul style="list-style-type: none"> <li>Energy levels</li> <li>Sleep</li> <li>Drugs</li> <li>Alcohol</li> <li>Tobacco</li> <li>Knife Crime</li> </ul>	<b>The Law</b> <ul style="list-style-type: none"> <li>Digital footprint</li> <li>Women Rights</li> <li>Human rights and British Law</li> <li>Extremism &amp; Intolerance</li> </ul>	<b>The Law</b> <ul style="list-style-type: none"> <li>Digital footprint</li> <li>Women Rights</li> <li>Human rights and British Law</li> <li>Extremism &amp; Intolerance</li> </ul>	<b>Sexual Health &amp; Influences</b> <ul style="list-style-type: none"> <li>Pornography – negative impact</li> <li>Sex and Health (STIs)</li> <li>Role models &amp; gangs</li> <li>County Lines</li> </ul>	<b>Sexual Health &amp; Influences</b> <ul style="list-style-type: none"> <li>Pornography – negative impact</li> <li>Sex and Health (STIs)</li> <li>Role models &amp; gangs</li> <li>County Lines</li> </ul>
<b>Year 11</b>	<b>Building for the future</b> <ul style="list-style-type: none"> <li>Mental Wellbeing</li> <li>Barclays Money Skills</li> <li>Financial decision</li> <li>Gambling</li> <li>CV Writing</li> </ul>	<b>Building for the future</b> <ul style="list-style-type: none"> <li>Mental Wellbeing</li> <li>Barclays Money Skills</li> <li>Financial decision</li> <li>Gambling</li> <li>CV Writing</li> </ul>	<b>Life decisions</b> <ul style="list-style-type: none"> <li>Stress management</li> <li>Relationships &amp; sex</li> <li>Contraception</li> <li>Marriage and forced marriage</li> <li>Diet and Exercise</li> </ul>	<b>Life decisions</b> <ul style="list-style-type: none"> <li>Stress management</li> <li>Relationships &amp; sex</li> <li>Contraception</li> <li>Marriage and forced marriage</li> <li>Diet and Exercise</li> </ul>	<b>Preparation</b> <ul style="list-style-type: none"> <li>Dealing with Exams</li> <li>Revision Methods</li> <li>Prep for work experience</li> </ul>	